

### *Medical Social Worker*

The Social Worker is available to patients and their families who require support and practical information on home and community services, long term care and social welfare benefits. He/She is trained in counselling skills and can assist in coming to terms with illness and changing circumstances.

### *Catering Assistant*

The Catering Assistant organises and serves meals daily, ordering special dietary needs where required.

### *Pastoral Care*

Chaplains and Pastoral Visitors are available to provide spiritual care to all patients in the unit. They are available to listen, offer support in dealing with ill-health. Prayer, mediation and the sacraments are available on request.

### *Volunteers*

Volunteers are a welcome and integral part of the Day Hospital and are organised by the Hospital Volunteer Services Manager.

### **Transport**

We have limited Transport available within A & E catchment area to transport patients to and from their homes and Day Hospital.

### **Discharge**

Discharge from Day hospital usually occurs when the multidisciplinary team deems you have achieved as high a level of independence possible at this time referral to community services may be suggested.

If you wish to speak to a member of the Day hospital Team please phone and ask for the required member.

**Tel: 01 4143225**



# Patient Information Charlie O'Toole Day Hospital



## Age Related Health Care Unit

## Philosophy

The Day Hospital strives to facilitate the individual to achieve their maximum potential physically, socially, psychologically and spiritually thus enabling the person to work towards independence in their lifestyle and home environment.

## Aim

The Day Hospital aims to provide a quality multidisciplinary service by meeting the needs of the individual using each disciplines standards of care and quality. Involvement of family and carers is strongly encouraged within the rehabilitation process.

## Team consists of

### Doctor

A member of the medical team will see you on your first visit and as required during your attendance. The priority of this assessment is to ensure accurate diagnosis and medical management . He/ She will order any tests required during your term of treatment

### Nurse

The Nurse assesses, plans, implements and evaluates care of the patient .The Nurse acts as the co-ordinator within the multidisciplinary team and evaluates the nursing needs of the individual. She/He plans care and liaises with Public Health nurse about care given in the Day Hospital.

### Care Assistant

The Care Assistant is part of the Nursing Team, assists in nursing care and is responsible for the social activities in the Day Hospital.

### Physiotherapist

Physiotherapy aims to improve walking and other physical activities required to manage daily tasks. This is achieved through re-education of balance/ walking and exercises for stretching and strengthening of muscles.

Pain relieving treatment and an exercise programme to build endurance level is also given if appropriate.



### Occupational Therapist

In Occupational therapy you will work with the OT to achieve independence in everyday tasks like getting in/out of bed or on/off the toilet or chair. The OT will look at how you manage to wash, dress, feed and cook for yourself. If you have problems in any of these areas you will be given practical advice and information on aids available to maximise your independence.

### Speech and Language Therapist

The speech and Language Therapist assesses, diagnoses and treats individuals with speech problems, language/ communication difficulties, voice disorders and swallow impairments.

### The Clinical Nutritionist

The Clinical Nutritionist / Dietician assesses your nutritional state and if necessary advises on how to correct or prevent dietary deficiencies or problems.