



Tallaght
University
Hospital

Ospidéal
Ollscoile
Thamhlachta

An Academic Partner of Trinity College Dublin



**Patient
Discharge
Information
Leaflet**

**Some important
information you will
need when leaving
the Hospital**

Welcome to Tallaght University Hospital

The length of the time you spend in hospital will depend on your clinical condition.

Soon after your admission you will be given a Predicted Date of discharge (PDD). This is the date when we hope to be able to send you home.

Predicted date of discharge is: _____

The name of the Doctor responsible for your care is:



Your Discharge Plan:

From the day you are admitted to the Hospital, there are a number of different staff involved in your care. This team, made up of many different members will work with you, your relatives and carers to plan your discharge.

Please tell your Doctor or Nurse as early as possible in your stay if you think you will have any problems with going home.

On the Day of Discharge

The Hospital aims to discharge patients home by 11am. Patients are moved to the Transition Lounge on the Ground Floor where you will be given your discharge information / prescription.

The Transition Lounge has facilities including a television and refreshments. This is where your family can meet you to bring you home.



Questions that patients ask



Are there any danger signals/red flags to look out for when I go home?

If I need help and care at home after I leave hospital, who will help me to arrange this?

Are there any special instructions for daily activities?

Will I need special equipment at home?

Who will help me to arrange this?

Will there be any follow up appointments?

When can I return to work or to my normal routine?

Know Your Medicines

Here are a few questions to make sure you have the answers to before you leave.



- What medicines do I need to keep taking, and for how long?
- Have any medications been added, stopped or changed, and why?
- How do I take my medications, and for how long?
- How will I know if my medication is working, and what side effects do I watch for?

Any further questions regarding your medications after discharge, please talk to your Hospital Pharmacist.

