

## Instructions for Parent/Guardian on how to remove soft cast.

Following the application of a soft cast and advice from the Orthopaedic Team - Please follow these instructions in order:



1. Begin to peel the soft cast at the edge where the cast has been completed.
2. Ensure to lift the whole edge of the cast, because if you pull from one corner only, it may break into threads and this makes removal difficult. (Like trying to find the end of the sellotape!).
4. When the soft cast has been removed, the stockinette underneath may be removed using a scissors. **BE CAREFUL NOT TO CUT THE SKIN.**

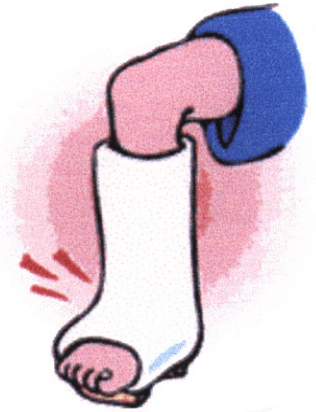


5. Because the cast is required to be a "snug fit" it is best **not** to remove the softcast with a scissors. Cutting the layers with a scissors will then make unravelling the cast impossible.
6. If you have any problems removing the soft cast arrange to return to the orthopaedic clinic not the Children's Emergency Department.
7. If your child's fingers or toes become dis-coloured please remove the soft cast and return immediately to the Children's Emergency Department where a cast will be re applied.

*Any queries regarding your child's cast please contact Conor between the hours of: 9:00am - 3:00pm. Mon-Fri except Tues*

*Telephone: 414 2000 & ask for bleep 2354. Or leave a message on 414 3683.*

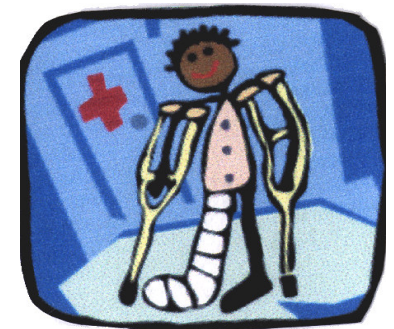
Outside of these hours, please contact the Children's Emergency Department: 4143558. Any of the staff members will help you.





THE ADELAIDE & MEATH  
HOSPITAL, DUBLIN  
INCORPORATING  
THE NATIONAL CHILDREN'S HOSPITAL

**Parent/Guardian  
information leaflet on  
removal of soft cast.**



*Statement of Values*

*Respect - Caring - Openness*

*- Partnership - Teamwork*

*Fairness & Equality*

Patient Information Leaflet



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