Your Child's Wound Care Details

Department/Ward _____

Department / Ward Phone Number

Absorbable Stitch

Non-absorbable Stitch

Number of Stitches

Your Child's Stitches are to be

Removed on _ _/_ _/_ _

Your Child's Next Appointment for the dressing clinic is on __/__/__

It is important that you bring this leaflet to your dressing clinic appointment.

To Help Your Child's Wound To Heal He/She Will Need;



- ✓ A Healthy Balanced Diet
- ✓Plenty of Rest
- ✓ Time to Recover
- ✓Information



Leaflet developed in March 2010 by Charlotte O'Dwyer Clinical Nurse Manager Children's Emergency Dept.

Adapted from Wound care leaflet, Children's University Hospital, Dublin Patient Information Leaflet



Wound Information leaflet for parents / Careers



<u>Statement of Values</u>

<u>Respect - Caring - Openness</u> <u>- Partnership - Teamwork</u> <u>Fairness & Equality</u>

THE ADELAIDE & MEATH HOSPITAL, DUBLIN INCORPORATING THE NATIONAL CHILDRENS HOSPITAL

Important

Your child's wound dressing or bandage will help to protect his/her wound from injury and infection. It will also help to promote healing.

Please do not remove the dressing or bandage unless you are told to do so.

Do not allow the dressing or bandage to get wet, as this can increase the risk of infection.

If your child's dressing/bandage becomes wet, falls off or becomes disturbed:

- Wash your hands thoroughly with soap and water before you touch your child's wound.
- Clean the wound with cooled boiled warm/tepid water
- Pat the wound and skin around the wound dry with a clean dry cloth

• Put a clean dressing on to the wound; this can be bought at your local chemist/ pharmacy





- Put the bandage/plaster in the bin.
- Wash your hands thoroughly with soap and water.

Contact the emergency department or ward for further advice (see contact details at back of this leaflet).

If you are worried in any way about your child's wound

You should contact the Emergency Department / Ward or alternatively you can contact:

Your GP

Your Public Health Nurse (PHN)

Your local Health Centre

Please contact the Emergency Department/ Ward if any of the following symptoms occur

- If your child's wound is more painful than it was
- If his/her wound becomes red, is hot to touch or becomes swollen
- $\boldsymbol{\cdot}$ If there is an unpleasant odour from the wound
- If the colour of the fluid leaking from your child's wound changes
- If your child develops a high temperature
- If your child becomes unwell
- If your child becomes more irritable or cranky
- If your child has a reaction to the dressing or bandage (only a small number of children may have this) or if you notice the skin around your child's dressing is red or itchy, contact the emergency department.

