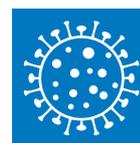


Tips for family carers living with persons with dementia during Covid-19



Coronavirus
COVID-19
Public Health
Advice

Persons living with dementia may need extra and/or written reminders and support to remember important hygienic practices from one day to the next.

Place visual signs in the house to remind persons with dementia to wash their hands with soap for 20 seconds.



Demonstrate thorough hand-washing.



Use Alcohol-based hand sanitiser if the person with dementia cannot get to a sink or wash their hands easily.



Make sure persons with dementia are included and participate in activities at home.

Fill prescriptions and check to make sure you have enough medications.



For people living with dementia, increased confusion is often the first symptom of any illness.



If a person living with dementia shows rapidly increased confusion, contact your health care provider for advice. They may have a delirium.

Have a back-up carer. Think ahead and make alternative and emergency plans if the primary caregiver should become sick.



Practice good hand hygiene and follow current guidance from the HSE.ie regarding COVID-19.

Please visit websites of **Alzheimer.ie, Siel Bleu, Carer Alliance and ALONE** for further guidance.

Compiled by TUH Memory Assessment & Support Service.



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An Academic Partner of Trinity College Dublin

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