

## Possible complications

♥ Complications are rare; however, if you have any of the following please **get medical advice straight away from your General Practitioner or nearest Emergency Department.**

- Pain or numbness in your hand.
- A change in the temperature or colour of your hand.
- Nausea, vomiting, rash or any skin discolouration.
- If you have any bleeding or increasing swelling at the puncture site at your wrist. Sit down and apply firm pressure to the site and request your companion to call an ambulance and go directly to the nearest Emergency Department.

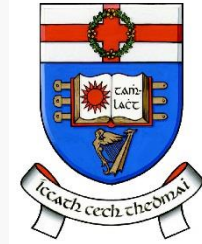
### **If you have any questions following discharge**

Contact the Cardiac Catheterisation Laboratory on 01-414 3743.  
(8am-5.30pm Monday – Friday)  
If it is out of hours contact your GP or ED

**This leaflet was produced by the Cardiac Cath Lab 2014**

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## Tallaght Hospital **Advice For Patients After Coronary Angiogram using a wrist approach.**

### **A patient information leaflet**



## Advice to follow after your Coronary Angiogram.

♥Your test today involved a small puncture to the artery in your wrist and you were given dye.

♥You may sit up immediately after this test.

♥The nurse will tell you when you can get out of bed.

♥The puncture site should NOT be SWOLLEN. If it is tell the nurse straight away.

♥The puncture site may be a little bruised and tender, Paracetamol should be enough to relieve the discomfort.

♥Unless you are told otherwise. You should drink a glass of fluids every hour for the rest of the day to flush out the dye and plenty of water over the next few days.



♥Rest this evening but do gentle finger exercises hourly.

### ♥ Do not drive for 48 hours

♥If you are an inpatient in the hospital check with your doctor about driving before you go home



♥Your doctor will give you advice about work and sporting activities before you go home.



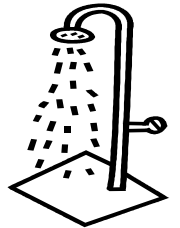
♥Do not do any strenuous exercise or lifting anything heavier than 5 lbs (2 bags of sugar) for three days.



♥ You may eat normally following your test. Avoid alcohol tonight.



♥You may shower the following morning allowing any dressing to fall off.



♥Do not have a bath or go swimming for three to four days following procedure.

♥Your doctor will give you the results of the angiogram before you leave the hospital.

