

## Possible complications

♥ Complications are rare; however, if you have any of the following please **get medical advice straight away from your General Practitioner or the nearest Emergency Department.**

- If you feel any **pain or numbness in your leg.**
- If you have a **change in the temperature or colour of your leg.**
- **Nausea, vomiting, rash or any skin discolouration.**
- If you have any **bleeding or increasing swelling at the puncture site in your groin.** Lie down on the floor and apply firm pressure to the site and request your companion to call an ambulance and go directly to the nearest Emergency Department.

### **If you have any questions following discharge**

Contact the Cardiac Catheterisation Laboratory on 01- 414 3743.  
(8am-5.30pm Monday – Friday)  
If it is out of hours contact your GP or ED



## **Tallaght Hospital Advice For Patients with a Closure Device After Coronary Angiogram**

### **A patient information leaflet**



**This leaflet was updated by  
the Cardiac Cath Lab 2014**

MP REF: 0013

## Advice to follow after your Coronary Angiogram.

- ♥ Your test today involved a small puncture to the artery at the top of your leg (groin) and you were given dye.
- ♥ Your artery has been sealed with a collagen plug called Angioseal.
- ♥ The Angioseal dissolves over the next 90 days.
- ♥ Please carry the small information card with you and show it to medical staff if you are having another procedure involving the same leg or should any signs of infection occur. (Pain redness or swelling).
- ♥ It is normal to feel a small pea size lump and have some soft bruising in your groin which will fade away in 1-2 weeks.

♥ Some people may find the site tender but usually Paracetamol is enough to relieve the discomfort.



♥ If you need to cough or sneeze, place hand over puncture site and Press down firmly

♥ The puncture site should NOT be SWOLLEN if it is tell the nurse straight away.

♥ You should drink a glass of fluids every hour for the rest of the day to flush out the dye and plenty of water over the next few days

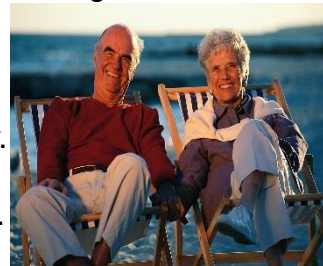


♥ You may eat normally following your test. Avoid alcohol tonight.

♥ You may sit up straight away and get out of bed when instructed. Avoid sitting bolt upright for the rest of the day.

♥ If you are **day-case patient**, sit in a reclining position when being driven home and for the rest of the evening.

♥ Rest this evening but do gentle toe/ Ankle exercises hourly. Example, wriggle toes and rotate ankles.



♥ Your doctor will give you advice about sporting activities before you go home.

♥ **Do not drive for at least 48 hours** (If you are an in-patient in the hospital speak to your doctor about driving before you go home.)

♥ Do not do any strenuous exercise or lift anything heavier than 5 lbs. for 3 days.



♥ Do not become constipated as it is important you don't strain when moving your bowels.

♥ You may shower the following morning allowing any dressing to fall off. Do not have a bath or go swimming for 10 days following test.



♥ If you have a flight scheduled within the next few weeks please speak to your doctor for further advice.



♥ Your doctor will give you the results of the angiogram before you leave the hospital.

