



Call for Volunteer Artists...

to work with patients at Tallaght Hospital, Dublin 24.

Work Placement Programme Outline

The National Centre for Arts and Health at Tallaght Hospital is seeking *Volunteer Artists* of all art forms to facilitate art sessions with patients in the hospital. This programme will involve *Artists* spending 2-3 hours per week with patients on selected wards. *Artists* invite patients to express themselves using art materials stocked on the 'Mobile Art Trolley'. The sessions take place at the patient's bedside assisted by our *Artists* offering patient's the support and encouragement to engage. Clinical areas in which the *Artist* would be offered work include Age Related Health Care, Renal Dialysis and Neurology (all adult patients), also in Children's Out Patients and A&E Department in the National Children's Hospital. (N.B. All Volunteer Artists are subject to Garda clearance).

This project would suit:

Artists considering a career in arts therapy and/or arts in healthcare
Artists interested in community art and/or public art
Mature, reliable people with some experience of illness or disability
and a caring, sensitive personality

We run this programme for Patients:

- To offer patients an opportunity to use art materials while in hospital
- To offer an expressive, creative outlet for patients and to enhance their experience of being in hospital
- To reduce social isolation and anxiety experienced by some patients while in hospital
- To promote healing through the use of the creative arts

We run this programme with qualified Artists:

- To offer Artists an opportunity to use your skills in a meaningful way
- To offer an opportunity to contribute to your local community
- To offer the opportunity to carry out creative projects in a hospital setting (subject to approval of proposals)
- To offer Artists the opportunity to participate in a unique learning experience and to build a creative partnership between art and health

We ask our *Volunteer Artists* for:

- ✓ A commitment of 2-3 hours per week, On a regular basis
- ✓ A minimum of 20 weeks
- ✓ A willingness and flexibility in approach
- ✓ Good communication with the Programme Manager if unable to attend

We offer our *Volunteer Artists*:

- ✓ An Induction, on-going support and training sessions throughout the year
- ✓ Free car parking and refreshments while at hospital
- ✓ An opportunity to develop your own work in a healthcare environment (subject to approval of proposal)
- ✓ A unique experience in a friendly, supportive organisation

If you are interested in this programme, please fill in the forms attached and return to the Programme Manager by the 11th of September 2015. If you require further information please contact:

Alison Baker Kerrigan
Programme Manager
National Centre for Arts and Health,
Tallaght Hospital, Dublin 24
Tel: 01 414 2076
Email: alison.baker@amnch.ie