Lying in Wait
Arts and Health Exhibition

An Arts and Health initiative led by Deirdre Glenfield, artist-in-residence at Tallaght Hospital, working with patients from Maguire, Webb, Ruttle wards and the Oncology Day Ward.

RUA RED, Cafe Area, 8th March - 21st April 2015
Opening Event - Tuesday 10th March at 3pm
Curated by Alison Baker Kerrigan

The experience for patients attending hospital either as an inpatient or outpatient can be a foreboding one, where time moves strangely and the uncertainty of what lies ahead can be daunting for patients and their families. The Arts Programme at Tallaght hospital aims to improve the quality of the hospital experience. In a situation where patients often feel out of control, art can serve as a therapeutic and healing tool, helping to reduce stress and anxiety and provides an opportunity for self expression.

This exhibition is a selection of the artworks produced by adult patients attending Tallaght hospital over the last 6 months and represents a valuable, positive creative engagement in contrast to the sometimes adverse encounters often experienced within the hospital environment.

Exhibited in conjunction with the patient's work, is a video artwork titled 'The Waiting Room' by artist Deirdre Glenfield, exploring tensions experienced by patients in the waiting room when faced with life changing health implications.

https://sites.google.com/site/deirdreglenfield/   www.artshealthwellbeing.ie

The National Centre for Arts and Health (NCAH), exists to improve patient care and to promote the benefits of the arts in health. Situated in Tallaght Hospital, the centre aims to improve the hospital experience for patients, to explore the therapeutic potential of the arts, to build positive links with the local community and to make the arts accessible to patients who cannot access traditional arts venues. For more information on the arts programme contact Hilary Moss, National Centre for Arts and Health, Tallaght Hospital Tel: 01 414 2076 / Email: hilary.moss@amnch.ie

Tallaght Hospital

National Centre for **Arts** and **Health**

RUA RED

Ionad Ealaíne Átha Cliath Theas
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