

The National Centre for Arts and Health exists to improve patient care and to promote the benefits of the arts in health.

Situated in The Adelaide and Meath Hospital, Incorporating the National Children's Hospital, the centre aims to improve the hospital experience for patients, to explore the therapeutic potential of the arts, to build positive links with the local community and to make the arts accessible to patients who cannot access traditional arts venues. The current arts programme includes exhibitions, live performances, creative writing classes, arts therapies, design projects and participatory art sessions on wards and in waiting rooms.

For further enquiries about the art in the Dialysis Unit or to make a donation to the hospital arts programme please ask your nurse or contact :

The National Centre for Arts and Health at the hospital

01 414 2076

or

[Hilary.moss@amnch.ie](mailto:Hilary.moss@amnch.ie)

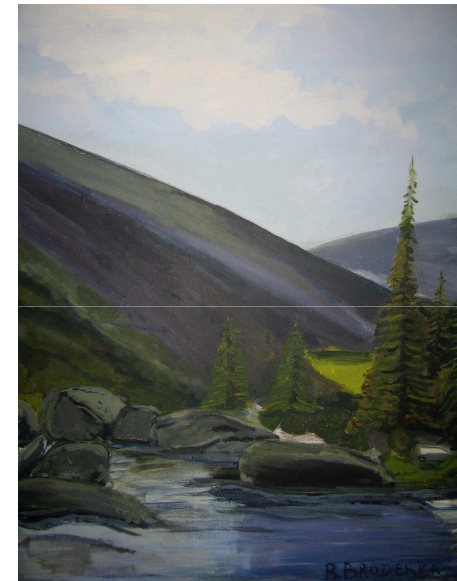
All funds will be used to provide art sessions for patients.



Patient Information leaflet



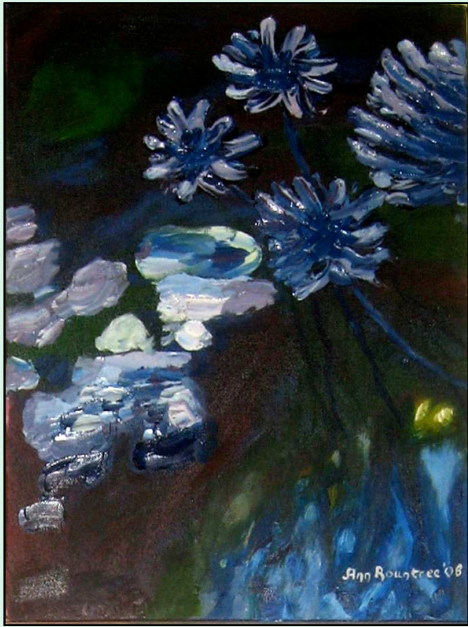
## Art Sessions



## The Renal Dialysis Unit

THE ADELAIDE & MEATH  
HOSPITAL, DUBLIN  
INCORPORATING THE NATIONAL CHILDRENS  
HOSPITAL





## Art in The Dialysis Unit

Painting Drawing Collage  
etc..

At present art takes place on Tuesday and Wednesday mornings in the dialysis unit while patients are having their dialysis treatment.

It's free for everyone receiving treatment...

You may wish to learn new skills -such as drawing or painting techniques.

Art can be very relaxing...

You may want to explore the art your way and bring in some images/stories/words or ideas to work from.

It is about being creative and there is no wrong way of doing it – no need to be able to draw a straight line!



If you wish to do art while receiving dialysis treatment

- let a nurse know and it may be possible to coincide your treatment day with one of the art days or change the art session time and day to facilitate more people.

The artist comes in with an art trolley full of materials and some reference books to inspire ideas on where to start...

There is no pressure, feel free to take part one week and not the next, or put your artwork aside if feeling too tired.

The input of the artist is entirely open and the creative process is very individual.