





# ARTS AND HEALTH WEEK

11 - 16 MAY | FREE

May 11th – 16th 2015 will see the first ever Arts and Health Week at RUA RED, featuring a variety of events led by the National Centre for Arts and Health. These will include a one day national training event for Arts and Health practitioners, film screening on arts and health related theme and a special tour of the exhibitions at RUA RED for hospital staff. See below for a full list and breakdown of events.

## **CREATIVE CHECK UP**

11 - 16 MAY | ALL DAY | FREE

The Creative Check Up is an interactive and participatory installation and performative event which has taken place in a variety of arts and health settings in Dublin since being established in early 2014. Join a team of experienced artists for this unique experience.

#### 1 DAY ARTS AND HEALTH MASTERCLASS

TUE | 12 MAY | 10AM - 4PM | €120 PER PARTICIPANT

This masterclass will offer an opportunity for arts and health practitioners to reflect on their work, nourish their creativity and learn about reflective practice. We aim to open up a space in which practitioners can engage in reflective practice, engage with each other and reflect on issues that arise in their work. The aim is to offer an experiential master class, combining creative exercises (including creative writing and storytelling), networking opportunities and learning to explore how reflective practice can enhance, support and improve the work of artists in health care settings. NUI Maynooth and the National Centre for Arts and Health are combining their expertise to deliver this unique masterclass which will contribute to the continuing professional development of artists working in healthcare settings.



#### FILM SCREENING AND POST FILM DISCUSSION

TUE | 12 MAY | FREE | 11AM - 1PM

Screening of Rise of the Planet Of the Apes (2011/12/105min) A substance designed to help the brain repair itself, gives rise to a super- intelligent chimp who leads an ape uprising. Staring James Franco, Andy Serkis and Freida Pinto.

Hospital specialist Dr. Ronan Collins, Consultant Geriatrician and Director of Stroke Services will lead a post film discussion. To book contact the RUA RED box office.

# **HOSPITAL ART TRAIL TOUR**

WED | 13 MAY | FREE | 12PM - 1PM

A tour of the hospital visual art trail with Hilary Moss, Director of Arts and Health.

### MUSIC PERFORMANCE IN HOSPITAL ATRIUM

WED | 13 MAY | FREE | 1PM - 2PM

Music performance in atrium to allow patients to enagage in and celebrate arts and health week.

# **CREATIVE CHECK UP (FACILITATED)**

WED & SAT | 13 & 16 MAY | 2PM - 5PM | FREE

The Creative Check-Up is an interactive and participatory installation and performative event which has taken place in a variety of arts and health settings in Dublin since being established in early 2014. Join a team of experienced artists of this unique experience.

#### HOSPITAL STAFF ARTS FOR HEALTH EVENT

SAT | 16 MAY | FREE | 10.30AM - 12.30PM

A guided tour of the galleries and current exhibitions followed by creative at making workshops for staff. To book contact the RUA RED box office.