

## **BACTERIAL OVERGROWTH TEST**

A bacterial overgrowth test is a simple breath test to check for the presence of an abnormal number of bacteria in the small bowel.

## THE TEST

- You must fast from 9.00 p.m. (no food or liquids) the night before the test.
- The test involves taking a breath sample every twenty minutes for a period of two hours.
- The entire procedure will take approximately two and a half hours.

The results of your test will be sent to your referring doctor.