

What should I bring with me on the morning of my admission?

- If you wear glasses, contact lenses, hearing aids or dentures bring them with you along with cases to put them in
- If you use a walking stick or any other walking aids please bring them with you.
- Bring a small bag with dressing gown, nightclothes, slippers, towel and toiletries.
- Do not bring any valuables e.g. laptop, television or large sums of money as the hospital will not accept responsibility.
- You may wish to bring books/magazines etc. to keep you occupied during your wait for theatre.
- You may bring one relative/friend to wait with you before you go into surgery (space is limited)
- Bring all your medications/inhalers with you.

Planning for Discharge

From your admission we will be planning for your safe discharge from the hospital.

You will be given an estimated date of discharge (EDD) This is the anticipated length of your stay in hospital.

On the day of your discharge you will be required to vacate your bed before 11am.

On your day of discharge you may be informed by staff on your ward that you will be transferred to the discharge lounge to complete your discharge.

Do you have any further questions re DOSA?

Following your pre-assessment if you have any further questions please contact us on

Tel: 01 414 4472

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PATIENT
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Day of Surgery Admission (DOSA)



What is a day of surgery admission?



A day of surgery admission (DOSA) is a patient's admission on the day of their surgery / operation. Prior to being ready for day of surgery admission you must attend a pre-assessment clinic which will check if you are suitable to have your surgery as a day of surgery admission.

What this means is that if you are suitable, you will be coming in on the morning of your surgery to the hospital and have your admission and surgery on the same day.

What do I do on the night before my admission?

- You must not EAT anything after midnight. However, we encourage you to DRINK 'still' water up to 0630 on the morning of your operation.
- You should take a bath/shower on the night before surgery.
- Do not apply any creams, powder or perfume after the bath/shower.
- You cannot wear any make up, nail varnish, jewellery or metal hairclips to surgery – this includes body piercings and gel/false nails so remove them the night before admission.

What happens the morning of my admission?

- Nursing staff will carry out your admission and carry out some routine checks e.g. blood pressure, temperature.
- Medical staff will carry out a medical admission – this will include asking about your past medical history and current medications and also includes completion of your consent.

- When operating theatre is ready you, will be brought to what is known as the 'holding bay' where your personal details and identity will be confirmed. These are all parts of the routine checks that are done to ensure your safety. From here you will go into the anaesthetic room where you will receive your anaesthetic.
- Following this you will have your operation.
- When your operation is finished you will stay in the recovery area in theatre until you are awake and comfortable.
- At this stage you will be transferred to the ward where you will be looked after until you are fit for discharge.

