

Medications

Salbutamol is the blue inhaler known as the **reliever**.

Two puffs of the blue inhaler can be taken up to four times a day if needed.

It should work within five minutes and last up to four hours.

..... is the inhaler known as the **preventer**.

It is an anti-inflammatory medication and contains a steroid.

It must be taken everyday to prevent inflammation in the lungs.

Wipe face and rinse your mouth after using the preventer to prevent hoarseness or oral thrush

When using the two inhalers always use the reliever (blue inhaler) first

The Children's Respiratory Team

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For further information on asthma and demonstration of devices log on to:

www.asthmasociety.ie

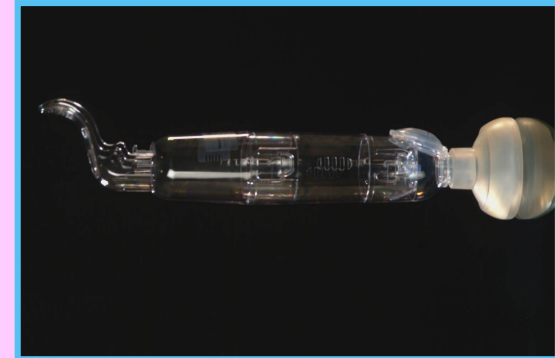
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**Children's Respiratory
Department**

Babyhaler



Patient Information Leaflet

**THE ADELAIDE & MEATH
HOSPITAL, DUBLIN
INCORPORATING THE NATIONAL
CHILDRENS HOSPITAL**

How to use the babyhaler

1. Check the spacer for any foreign objects and ensure the mask fits snugly onto the spacer and valves are lying flat.
2. Remove the protective cap from the inhaler.
3. Shake the inhaler.
4. Insert the inhaler into the inhaler holder.
5. Place the mask over the mouth and nose, ensuring there is a good seal between the mask and the face.
6. Press the inhaler.
7. The blue valves will move slightly as the child breaths in and out.
8. Keep the babyhaler over the child's nose and mouth for 5-10 breaths (approximately 15 seconds).
9. Only one puff of medication should be delivered at a time.
10. For additional doses of the inhaler repeat steps 3-8.
11. Remove the inhaler from the babyhaler and replace the protective covering

Cleaning and storage

1. To reduce static the babyhaler is cleaned monthly. The facemask however may need more frequent cleaning.
2. Gently pull off the face mask.
3. Remove the next section by pressing your thumb and forefinger on the grooved clips and pulling gently apart.
4. To separate the remaining two sections press on the remaining grooved clips and pull gently apart.
5. To remove the inside valves pinch them gently at the pointed centre with your thumb and forefinger and take it off its post. Handle the valves at centre rather the edges.
6. Wash all parts in warm soapy water
7. Do not rinse and allow to dry naturally
8. Wipe the facemask to remove detergent.
9. Reassemble the babyhaler.
10. Store in bag provided.

Features

Act as a holding chamber for inhaled medication from a metered dose inhaler therefore allows time for medication to be inhaled.

Before initial use test spray the inhaler or if not used for a period of time.

Replacement valves are available with the babyhaler

Change babyhaler every 6-12 months

Only suitable for the following medication :salbutamol (ventolin), beclomathasone (becotide), flixotide, servent and seretide

For further information see manufacturers instruction leaflet.

