



Children's Respiratory Department

Blue Aerochamber



THE ADELAIDE & MEATH
HOSPITAL, DUBLIN
INCORPORATING THE NATIONAL
CHILDRENS HOSPITAL

Patient Information Leaflet

The Children's Respiratory Team

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For appointments contact

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For further information on asthma
and demonstration of devices log on
to www.asthmasociety.ie
E-mail: office@asthmasociety.ie
Phone: 1850445464

Medications

..... is the blue
inhaler known as the **reliever**.

Two puffs of the blue inhaler can
be taken up to four times a day if
needed.

It should work within five minutes
and last up to four hours.

..... is the
inhaler known as the **preventer**.

It is an anti-inflammatory medication
and contains a steroid.

It must be taken everyday to prevent
inflammation in the lungs.

Rinse your mouth after using the
preventer to prevent hoarseness or oral
thrush

**When using the two inhalers always
use the reliever (blue inhaler) first**

How to use the aerochamber

1. Remove the protective cap from the inhaler.
2. Check the spacer for any foreign objects.
3. Shake the inhaler.
4. Insert the inhaler into the back piece of the chamber.
5. Place the mouthpiece in the mouth. Take care to ensure that the teeth and tongue do not obstruct the mouthpiece.
6. Breathe out normally and press the inhaler firmly.
7. Allow the child to take 5-6 breaths in and out through the aerochamber. If a whistling sound is heard the child is breathing too quickly.
8. Only one puff of medication should be delivered at a time.
9. For additional dosages of the inhaler repeat steps 3-8
10. Remove the inhaler from the aerochamber and replace the protective covering and both the inhaler and the chamber

Cleaning and storage

- To reduce static the aerochamber should be cleaned monthly.
- Remove the back piece only. Do not remove the mouthpiece or valve.
- Wash all parts in warm soapy water.
- Do not rinse and allow to dry naturally.
- Wipe the mouthpiece to remove detergent
- Replace the back piece when the unit is dry.
- If valve is damaged replace the device.
- Change aerochamber yearly if used daily.
- Store in a container or bag to keep clean.

Features

The aerochamber acts as a holding chamber for inhaled medication from a metered dose inhaler therefore allows time for medication to be inhaled.

The aerochamber has an universal port and will suit a variety of metered dose inhaler

The aerochamber directs breath away from the face to prevent irritation.

Before initial use test spray the inhaler or if not used for a period of time.

Change aerochamber yearly if used daily.

For further information please read manufactures instructions.